

**Acupuncturist**  
**Sherrie Brooks, LAc.O.M.D.**

859 Mosher Ave. • Roseburg, OR 97470 • (541) 229-1583

**Health History Questionnaire**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ HOME# \_\_\_\_\_

YOUR EMPLOYER \_\_\_\_\_ WORK# \_\_\_\_\_

TYPE OF WORK PERFORMED \_\_\_\_\_

M \_\_\_\_\_ F \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_

CIRCLE LIVING SITUATION: Single Married Divorced Widowed Cohabitate Roommates NUMBER OF CHILDREN \_\_\_\_\_

SPOUSE / PARTNER NAME \_\_\_\_\_ WORK# \_\_\_\_\_

WHO REFERRED YOU TO OUR CLINIC? \_\_\_\_\_

EMERGENCY CONTACT PERSON OR NEAREST RELATIVE NOT LIVING WITH YOU

NAME \_\_\_\_\_ NUMBER \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

**INSURANCE INFORMATION**

Primary Insurance Company \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Insured name \_\_\_\_\_ Relationship \_\_\_\_\_

I.D. # \_\_\_\_\_ Policy # \_\_\_\_\_ Group or Employer \_\_\_\_\_

**FINANCIAL POLICY**

**BILLING:** Payment is due at the time of service; unless other arrangements have been approved of in advance. Pharmacy items such as herbs and supplements must be paid for upon receipt.

**Insurance:** If your insurance policy covers acupuncture your insurance company will be billed by our office. If you have a deductible that has not been met you are responsible for all office visit fees until the deductible has been met. If you have a co-pay plan you are responsible for paying the percentage you owe at the time of your office visit.

**APPOINTMENTS:** IF YOU ARE UNABLE TO KEEP AN APPOINTMENT, 24 hours notice is required for cancellation. IF YOU FAIL TO KEEP YOUR APPOINTMENT OR CANCEL WITHOUT SUFFICIENT NOTICE, THERE WILL BE AN OFFICE VISIT FEE CHARGED TO YOU.

I have read all the above terms and I agree to these conditions.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

# SYMPTOMS

## HEAD:

- ☐ Headache
  - ☐ entire head
  - ☐ back of head
  - ☐ forehead
  - ☐ temples
  - ☐ migraine
- ☐ Head feels heavy
- ☐ Loss of memory
- ☐ Light-headedness
- ☐ Fainting
- ☐ Light bothers eyes
- ☐ Loss of smell
- ☐ Loss of taste
- ☐ Loss of balance
- ☐ Dizziness
- ☐ Loss of hearing
- ☐ Pain in ears
- ☐ Ringing in ears
- ☐ Buzzing in ears

## NECK:

- ☐ Pain in neck
- ☐ Neck pain with movement
- ☐ Pinched nerve in neck
- ☐ Neck feels out of place
- ☐ Stiff neck
- ☐ Muscle spasms in neck
- ☐ Grinding sounds in neck
- ☐ Grating sounds in neck
- ☐ Popping sounds in neck
- ☐ Arthritis in neck

## LOW BACK:

- ☐ Low back pain
- ☐ Low back pain is worse when:
  - ☐ working
  - ☐ lifting
  - ☐ stooping
  - ☐ standing
  - ☐ sitting
  - ☐ bending
  - ☐ coughing
- ☐ Pinched nerve in low back
- ☐ Slipped disc
- ☐ Low back feels out of place
- ☐ Muscle spasms
- ☐ Arthritis

## MID-BACK:

- ☐ Mid-back pain
- ☐ Pain between shoulder blades
- ☐ Sharp stabbing pain in mid-back
- ☐ Muscle spasms

## ABDOMEN:

- ☐ Nervous stomach
- ☐ Nausea
- ☐ Gas
- ☐ Constipation
- ☐ Diarrhea

## SHOULDERS:

- ☐ Pain in shoulder joint (R-L)
- ☐ Pain across shoulders
- ☐ Bursitis (R-L)
- ☐ Arthritis (R-L)
- ☐ Can't raise arm
  - ☐ above shoulder level
  - ☐ over head
- ☐ Tension in shoulders
- ☐ Pinched nerve in shoulder (R-L)
- ☐ Muscle spasms in shoulders

## ARMS & HANDS:

- ☐ Pain in upper arm
- ☐ Pain in forearm
- ☐ Pain in hands
- ☐ Pain in fingers
- ☐ Pinched nerve in arm
- ☐ Pinched nerve in fingers
- ☐ Sensation of pins & needles in arms
- ☐ Sensation of pins & needles in fingers
- ☐ Fingers go to sleep
- ☐ Hands cold
- ☐ Swollen joints in fingers
- ☐ Sore joints in fingers
- ☐ Arthritis in fingers
- ☐ Loss of grip strength

## CHEST:

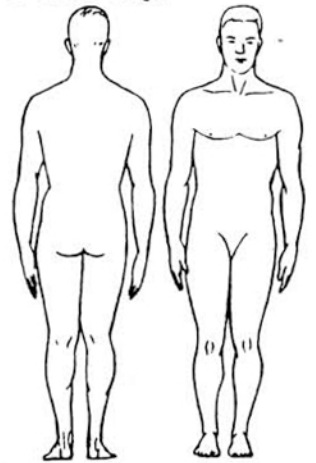
- ☐ Chest pain
- ☐ Shortness of breath
- ☐ Pain around ribs

## HIPS, LEGS & FEET:

- ☐ Pain in buttocks (R-L)
- ☐ Pain in hip joint (R-L)
- ☐ Pain down leg (R-L)
- ☐ Pain down both legs
- ☐ Leg cramps
- ☐ Pins & needles in legs (R-L)
- ☐ Numbness of leg (R-L)
- ☐ Numbness of feet (R-L)
- ☐ Numbness of toes
- ☐ Feet feel cold
- ☐ Cramps in feet (R-L)
- ☐ Swollen ankles (R-L)
- ☐ Swollen feet (R-L)
- ☐ Painful joints in toes
- ☐ Pain in foot (R-L)
- ☐ Pain in knee (R-L)

## GENERAL:

- ☐ Nervousness
- ☐ Irritable
- ☐ Depressed
- ☐ Fatigue
- ☐ Generally feel run-down
- ☐ Loss of sleep
- ☐ Loss of weight



MARK AREAS OF PAIN ABOVE

Have you had X-rays before? ☐ Yes ☐ No When? \_\_\_\_\_

What areas were X-rayed? \_\_\_\_\_

## WOMEN ONLY:

Date of last period? \_\_\_\_\_

☐ Menstrual pain ☐ Cramping ☐ Irregularity

Are you now pregnant? ☐ Yes ☐ No How long? \_\_\_\_\_

Purpose of this appointment: \_\_\_\_\_

Have you seen other doctors for this condition? ☐ Yes ☐ No

If So: Name \_\_\_\_\_ Date \_\_\_\_\_

Date of accident/illness \_\_\_\_\_ Hour \_\_\_\_\_ AM \_\_\_\_\_ PM Location: \_\_\_\_\_

How did accident occur? ☐ Auto Collision ☐ On-the-Job ☐ Other \_\_\_\_\_

Please describe the circumstances \_\_\_\_\_

Have you lost time from work? ☐ Yes ☐ No

Prior surgery \_\_\_\_\_

Medications taken presently \_\_\_\_\_

Previous accidents (other than described above) \_\_\_\_\_

Parents living? ☐ Yes ☐ No In good health? ☐ Yes ☐ No

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